



Dose-packed medicine

**Get your medicine dose
packed from the pharmacy.**

**It's an easy and safe solution
for people who take multiple
medicines.**



 **DANSKE
REGIONER**

apotek

KL medcom

What is dose-packed medicine?

Dose-packed medicine means that the pharmacy packs your medicine in small dose sachets. Each dose sachet contains the medicine you need to take at specific times, e.g. morning medicine, mid-day medicine, evening medicine and night medicine.

The dose sachets are dispensed in a single roll for 14 days at a time. The dose sachets are separated by a tear-off line, which makes it easy to tear a dose sachet off the roll each time you need to take your medicine.

What medicines can be included in the solution?

The pharmacy assesses whether the medicine prescribed by your doctor can be dose packed. Only tablets and capsules can be dose packed.

Benefits of dose-packed medicine

- It is very clear which medicine to take when.
- You can easily check if you have remembered to take your medicine.
- You only get and pay for the medicine you need.
- You avoid having leftover medicine.
- The solution is hygienic, the sachets are easy to open and easy to bring in your bag.

If you need help dosing your medicine and your doctor determines that your medicine is suitable, dose-packed medicine is the best and safest option.

How does it work in practice?

Consult your doctor, pharmacist or municipal employee to see if you can get your medicine dose packed.

The first time you are provided with dose-packed medicine, you will also get a summary of the medicine contained in the roll. The summary is called a dose chart.

If your doctor or hospital changes your medicine, you will get a new summary along with the new dose roll.

If you are given medicine that is not suitable for dose packaging, that medicine will be given to you in plain packaging along with your dose-packed medicine.

If you need help taking your medicine, the municipal employee will make sure that you get the help you need.

What users say

"It gives me confidence that my pills are in a sachet. That way I know that I'm getting the right stuff, i.e. what I need."

"The fact that I can do it myself without needing help — that means a lot to me."

"I think it's so easy to deal with. It's just so easy with those rolls. It gives me freedom and works great. I don't need to sit around and wait for anyone to help me".

Where can I pick up my medicine?

Every two weeks you can pick up a new roll of your dose-packed medicine at the pharmacy.

If, for health reasons, you are unable to pick up your medicine, you can ask the pharmacist to deliver the medicine for a delivery fee.

How much does dose-packed medicine cost?

You will need to pay a fee to have your medicine dose packed. In addition, you still have to pay for the medicine itself.

If you receive four or more subsidised medicines, you will typically receive 85% of the subsidy on the fee, and the additional cost to you will be approximately 1 DKK per day.

The fee may be reduced or completely waived if:

- You are receiving a municipal health subsidy.
- You are a member of Health Insurance Denmark.

Dose-packed medicine may be cheaper for you because:

- The cheapest unit price is paid for medicines.
- There is less medicine waste related to changes.

Calculate your price at

<https://app.apoteket.dk/prisberegner-dosispakket-medicin>.

For more information or guidance on the rules of subsidies, talk to your pharmacist or read more at apoteket.dk/medicintilskud.

